

Counseling & Psychological Services

- ◆ Free & Confidential Counseling
- ◆ Professional Staff
- ◆ Informational Lectures & Seminars
- ◆ Groups & Classes
- ◆ Consultation on How to Help a Friend

Counseling & Psychological Services

211 Swingle Hall
(Above Student Health)

406-994-4531

M-F 8am-5pm

24-hour crisis line: 2121 or 406-586-3333

Help is Available For:

Academic Difficulties
Identity Concerns
Performance Enhancement
Depression
Anxiety
Substance Use
Suicidal Thoughts
Eating Concerns
Sexuality
Relationships
Past Abuse
Rape/Sexual Assault
Sexual Concerns
Self-Harming Behaviors
Major/Career Choice
Behavior Change
Homicidal Thoughts
Gender Issues

www.montana.edu/wwwcc